

Welcome to our February activity suggestions! We hope you have lots of fun taking part and developing skills for life.

You may notice that some of our activity suggestions can be done face to face, we've included the instructions in case you want to use these when we can get back together safely.

We're always on the look out for new suggestions so if you have any please contact [admin@scoutscymru.org.uk](mailto:admin@scoutscymru.org.uk)



### Lunar New Year 12/02/21

| Section  | Activity  | Adjustments and safety  | Badges and Programme Links  |
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| Scouts + | <p><b><u>Cardboard Dragon Boats</u></b></p> <p><b>You will need:</b></p> <ul style="list-style-type: none"> <li>• Cardboard</li> <li>• Scissors</li> <li>• Glue</li> <li>• Sellotape</li> <li>• Stapler</li> <li>• Bowl or Bath tub of water</li> <li>• Pennies</li> </ul> <p><b>Instructions:</b></p> <ul style="list-style-type: none"> <li>• Explain that its Lunar New Year and that Dragon boat racing has been a traditional Chinese paddled watercraft activity for over 2000 years and began as a modern international sport in Hong Kong in 1976.</li> </ul> | <p><b><u>In person:</u></b></p> <p>Each person should have their own equipment and building materials. They should also remain socially distanced. Participants should use scissors carefully.</p> <p><b><u>Online:</u></b></p> <p>Participants should provide their own equipment and materials. They should take care when using the scissors and keep the water away form all electronics while testing the boats.</p> | <ul style="list-style-type: none"> <li>• Craft activity badge</li> <li>• International activity badge</li> </ul> <p>To learn about dragon boats and what they are used for and that they are very significant in Chinese culture.</p> |

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|  | <p>These boats are typically made of carbon fiber, fiberglass, and other lightweight materials. For competition events, dragon boats are generally rigged with decorative Chinese dragon heads and tails. At other times (such as during training), decorative regalia is usually removed, although the drum often remains aboard for drummers to practice. For races, there are 18-20 people in a standard boat, and 8-10 in a small boat, not including the steersperson (helm) and the drummer.</p> <ul style="list-style-type: none"><li>• Explain that they are going to make Dragon Boats using cardboard, and that the aim is to make a boat that can float. The boats should have a flat bottom, a dragons head at the front and a tail at the rear.</li><li>• Explain that they should make their boat to fit the container they are using.</li><li>• Get them to draw out their design.</li><li>• Cut the shapes they need for their design.</li><li>• Assemble the boats to fit their own designs.</li><li>• Once the boats re built they should attach the pennies to the bottom of the boat as ballast.</li><li>• Now see if the boats float</li><li>• End the session by asking if they would like to build a life sized cardboard dragon boat when current restrictions allow.</li></ul> |  |  |
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| <p><b>Beavers and Cubs</b></p> | <p><b><u>Egg box Chinese Dragon</u></b></p> <p><b>You will need:</b></p> <ul style="list-style-type: none"> <li>• 2 Egg boxes</li> <li>• Paint</li> <li>• coloured paper</li> <li>• Glue</li> <li>• Tissue paper</li> <li>• Pens</li> <li>• Stapler</li> </ul> <p><b>Instructions:</b></p> <ul style="list-style-type: none"> <li>• Explain that its Lunar new year and that dragons symbolize potent and auspicious powers, particularly control over water, rainfall, typhoons, and floods. The dragon is also a symbol of power, strength, and good luck for people who are worthy of it in East Asian culture.</li> <li>• Paint the egg boxes in brightly coloured paint.</li> <li>• When the paint is dry, cut out two of the egg compartments from one of the boxes and glue these to the lid of the other egg box the form the eyes (see the photo below).</li> <li>• Cut a mane, eyes, nose, mouth and other decorations from coloured paper. Glue these on to your dragon's head.</li> </ul> | <p><b><u>In person:</u></b></p> <p>Participants should bring their own materials and equipment and remain socially distanced.</p> <p><b><u>Online:</u></b></p> <p>Participants should have the equipment and materials. A space should be cleared next to computer for painting.</p> | <ul style="list-style-type: none"> <li>• International activity badge</li> <li>• Craft activity badge</li> </ul> <p>To learn about dragons and the significance they have in Chinese culture.</p> |
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|  | <ul style="list-style-type: none"> <li>• Draw some scales on the tissue paper. Finally staple the tissue paper to the back of the head to form the tail of your dragon.</li> </ul> |  |  |
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### Valentine's Day 14/02/2021

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| Scouts | <p><b><u>Celtic Heart Knot Key Chain</u></b></p> <p><b>You will need:</b></p> <ul style="list-style-type: none"> <li>• Paracord</li> <li>• Lighter</li> <li>• Ferrule</li> <li>• Pliers / Vice</li> </ul> <p><b>Background:</b></p> <ul style="list-style-type: none"> <li>• Explain that, Valentine's Day, also called Saint Valentine's Day or the Feast of Saint Valentine, is celebrated annually on February 14. It originated as a Western Christian feast day honouring one or two early Christian martyrs named Saint Valentine and is recognized as a significant cultural, religious, and commercial celebration of romance and love in many regions of the world.</li> </ul> | <p>The paracord and ferrules should be provided by the group, if doing the session online these can be sent out via post, collected by parents, or delivered by leaders. If the activity is done in person, everyone should remain socially distanced. Both in person and online the lighter should only be used by an adult.</p> | <ul style="list-style-type: none"> <li>• Craft activity badge</li> <li>• Pioneer activity badge</li> <li>• My faith badge</li> </ul> <p>To learn about how Valentine's day started and why it is celebrated today.</p> |
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**Instructions:**

- start by cutting a piece of the lanyard about 12-14" long.
- 1 - Make a loop in the middle.
- 2- Next, pass the right end through the loop from the bottom. Have it go over the cord at the top.
- 3 - Pull the right end from the top through the bottom – making sure to go under the left piece of the paracord.
- 4 - Next, pull the end up through the loop, as shown below.
- 5 - over the next piece, and then up again – making sure to be under the one piece before going over the top of the edge.
- 6 - Now you can pull the ends out, being careful to not pull too tightly. Arrange the piece to be the almost finished heart.
- 7 - cut another small piece of the paracord to create the top of the keychain. I then use the lighter to seal the ends (have an adult do this.) I inserted the top part into the ferrule about halfway, and then the bottom "heart" portion into the other side.
- 8 – use the pliers or vice to clam the ferrule tightly to secure the paracord.

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| <p><b>Beavers and Cubs</b></p> | <p><b><u>Engraved Foil Valentine's Day Cards</u></b></p> <p><b>You will need:</b></p> <ul style="list-style-type: none"> <li>• Piece of kitchen foil</li> <li>• Newspaper</li> <li>• Thin paint brush</li> <li>• Glue</li> <li>• Card blank</li> </ul> <p><b>Background:</b></p> <ul style="list-style-type: none"> <li>• Explain that, Valentine's Day, also called Saint Valentine's Day or the Feast of Saint Valentine, is celebrated annually on February 14. It originated as a Western Christian feast day honouring one or two early Christian martyrs named Saint Valentine and is recognized as a significant cultural, religious, and commercial celebration of romance and love in many regions of the world.</li> </ul> <p><b>Instructions:</b></p> <ul style="list-style-type: none"> <li>• Lay your kitchen foil shiny side down on a folded newspaper.</li> <li>• With the end of your paintbrush, and pressing firmly, draw your design on the foil. Take care not to press too hard or you will rip the foil! Achieving the right level of pressure may take some practise.</li> </ul> | <p><b>In person:</b> everyone should have their own materials and equipment and remain socially distanced. They should be supervised by an adult when cutting out the designs.</p> <p><b>Online:</b> all participants should have the materials and equipment ready. They should be supervised by an adult throughout the session. They should also be encouraged to share the designs they have made with the group.</p> | <ul style="list-style-type: none"> <li>• Craft activity badge</li> <li>• My faith badge</li> </ul> <p>To learn about how Valentine's day started and why it is celebrated today.</p> |
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|  | <ul style="list-style-type: none"> <li>• Trim around the outside of your design and the glue it, shiny side up, to the front of your card blank.</li> <li>• Once the participants have had a go, get them to make up their own designs.</li> <li>• Now use the designs they have made to make a card for them to give to someone on Valentine's day.</li> </ul> |  |  |
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### Pancake Day 16/02/2021

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| <p>Scouts +</p> | <p><b><u>Tin can pancakes</u></b></p> <p><b>You will need:</b></p> <ul style="list-style-type: none"> <li>• 500g tin (washed and dried out) with holes drilled around the top</li> <li>• Tin snips</li> <li>• Candles</li> <li>• Toothpick</li> <li>• Pancake batter</li> <li>• Favourite toppings</li> </ul> <p>Method:</p> <ul style="list-style-type: none"> <li>• Explain that Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days leading up to Easter – was traditionally a time</li> </ul> | <p><b>In person:</b> everyone should have their own equipment and remain socially distanced. (the cans can be modified at home, by or under the supervision of the leaders). To keep hygiene high, participants should provide their own pancake mix, this also allows them to change the mix based around any allergies or food intolerances.</p> <p><b>Online:</b> make sure the participants are supervised while modifying the cans and once the candles are lit.</p> <p><b>All:</b> Make sure the cans are empty and clean. Ensure the candle is blown out once they have finished cooking, and</p> | <ul style="list-style-type: none"> <li>• Chef activity badge</li> <li>• Backwoods cooking badge</li> <li>• My faith activity badge</li> </ul> <p>Learn about Pancake day, how it started and it's religious significance.</p> |
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|                                | <p>of fasting and on Shrove Tuesday, Anglo-Saxon Christians went to confession and were “shriven” (absolved from their sins).</p> <ul style="list-style-type: none"> <li>• Make sure your empty, clean can has holes drilled in around the top, closed edge of the can (you can also do this using a corkscrew or other sharp object) and using tin snips, cut an opening into the side to allow the air to get to the candle.</li> <li>• Place the candle on a heatproof surface, light, and place the can on top.</li> <li>• Once the surface has warmed, place some butter on the top and when bubbling, spoon the mixture on to the surface.</li> <li>• Once the underneath surface has cooked for a while, or starts to brown, flip the pancake using the toothpicks to cook on the other side.</li> <li>• Top with your favourite toppings.</li> </ul> | <p>that they don't touch the can until it has cooled down.</p>   |  |
| <p><b>Beavers and Cubs</b></p> | <p><u><b>Microwave Pancakes</b></u></p> <p>Ingredients (per person):</p> <ul style="list-style-type: none"> <li>• 1 medium egg</li> <li>• A splash of milk</li> <li>• 3 tablespoons of plain flour</li> <li>• A spoonful of butter</li> <li>• Favourite toppings</li> </ul>  | <p><u><b>In Person:</b></u> To keep hygiene high, participants should have their own ingredients and plate, this also allows them to change the ingredients based around any allergies or food intolerances. Everyone should remain socially distanced and the microwave / microwaves should either only be used by one leader or have the controls cleaned between young people using it.</p> | <ul style="list-style-type: none"> <li>• Chef activity badge</li> <li>• Backwoods cooking badge</li> <li>• My faith activity badge</li> </ul> <p>Learn about Pancake day, how it started and its religious significance.</p> |



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|  | <ul style="list-style-type: none"><li>• Microwave-safe plate (preferably one with rounded edges)</li></ul> <p><b>Background:</b></p> <ul style="list-style-type: none"><li>• Explain that Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days leading up to Easter – was traditionally a time of fasting and on Shrove Tuesday, Anglo-Saxon Christians went to confession and were “shriven” (absolved from their sins).</li></ul> <p><b>Instructions:</b></p> <ul style="list-style-type: none"><li>• Crack your egg into the mug, add the flour, milk and whisk with a fork until fully combined with no lumps.</li><li>• Cover your plate in butter to make sure the pancake doesn’t stick and pour the mixture onto the plate.</li><li>• On medium-high, cook the pancake for at least 30 seconds or until done in the middle, but make sure you watch it so that it doesn’t overcook.</li><li>• Enjoy with your favourite toppings!</li></ul> | <p><b>Online:</b> Make sure that all participants are supervised.</p> <p><b>All:</b> Make sure that the plates have cooled off sufficiently before they are removed from the microwave.</p> |  |
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## Love your pet day – 20/02/21

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| <b>Scouts+</b> | <p><b><u>Animal Quiz</u></b></p> <p><b>Background:</b></p> <p>Explain that love your pet day is a great day to show your love for our little furry friends. Whether you're a cat lover, a dog lover or you've got a family of chimpanzees sharing your home with you, today's the day to spoil them even more than you normally do and show them how much they mean to your family.</p> <p>If you love pets but don't have any you could still get involved by calling your local RSPCA or pet rescue centre and making a donation of food or treats. When you are old enough you could consider volunteering to spend a little time at your local pet rescue centre maybe walking one of the dogs there or giving a little bit of your time to the cats at the cattery.</p> <p><b>Instructions:</b></p> <ul style="list-style-type: none"><li>• Explain that you will be doing a Pets based quiz. To see how much they know about their family pets.</li><li>• <b>Q:</b> Most hamsters are actually crepuscular, what does this mean? <b>A:</b> It means that they're not nocturnal, they prefer twilight hours.</li><li>• <b>Q:</b> Can Tarantulas regenerate lost legs when they go through a molt? <b>A:</b> Yes</li></ul> | This activity is great to do digitally but if you decided to do it face to face then make sure everyone has their own pen and paper as well as being socially distanced. | <ul style="list-style-type: none"><li>• Hobbies activity badge</li><li>• Animal carer activity badge</li></ul> |
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|  | <ul style="list-style-type: none"><li>• <b>Q:</b> Will Male puppies will often let female puppies win when playing? <b>A:</b> Yes</li><li>• <b>Q:</b> Are two dog noses are the same? <b>A:</b> No, They are the equivalent to our fingerprints.</li><li>• <b>Q:</b> How many bones does it take to make the shell of a turtle. <b>A:</b> It takes about 60 bones to make the shell of a turtle</li><li>• <b>Q:</b> Can horses communicate without making noise? <b>A:</b> Horses use their ears to communicate with their peers. They use ear direction to indicate something worth paying attention to.</li><li>• <b>Q:</b> How can tell how old goldfish is? <b>A:</b> You can tell how old a goldfish is by counting the rings on it's scales – you might need a microscope though.</li><li>• <b>Q:</b> What do you think a guinea pig does when it's excited? <b>A:</b> When a guinea pig is excited, normally around food time, they popcorn – aka jump around landing on all fours.</li><li>• <b>Q:</b> when do cats meow? <b>A:</b> Cats only meow to humans.</li><li>• <b>Q:</b> How long do you think a goldfish's attention span is? <b>A:</b> Goldfish have a 9 second attention span – which is longer than some humans we know – and they can recognise faces.</li><li>• <b>Q:</b> Are cats left or right-pawed (left or right handed)? <b>A:</b> Female cats are typically right-pawed, males are left-pawed.</li></ul> |  |  |
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|                         | <ul style="list-style-type: none"> <li>• <b>Q:</b> How big do you think a hamsters pouches are? <b>A:</b> Hamster pouches extend to their hips! That is how they can stash so much food.</li> <li>• To finish, explain these few things they can do for Love your pet day. Show your pet affection. Take them for a walk, buy them a special treat, do something that shows them just how much you love them.</li> <li>• Take a selfie with your pet</li> <li>• Find out where your local veterinary surgery is</li> <li>• Look at an animal, bird or wildlife society. Take part in one of their activities.</li> <li>• Watch a movie about the bond between people and their pets.</li> </ul> |  |   |
| <b>Beavers and Cubs</b> | <p><b><u>Paper Plate Goldfish</u></b></p> <p><b>You will need:</b></p> <ul style="list-style-type: none"> <li>• A paper plate</li> <li>• Paint</li> <li>• Decorations for your fish</li> <li>• Scissors</li> <li>• Glue</li> <li>• Pen</li> </ul>   | <p><b>In person:</b> Everyone should bring their own materials and equipment and remain socially distanced. Participants should be supervised while using the scissors.</p> <p><b>Online:</b> participants should have their own equipment and materials. A space should be cleared so that the fish can</p> | <ul style="list-style-type: none"> <li>• Animal carer activity badge.</li> <li>• Artist activity badge</li> </ul> |

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|  | <p><b>Background:</b></p> <p>Explain that love your pet day is a great day to show your love for our little furry friends. Whether you're a cat lover, a dog lover or you've got a family of chimpanzees sharing your home with you, today's the day to spoil them even more than you normally do and show them how much they mean to your family.</p> <p>If you love pets but don't have any you could still get involved by calling your local RSPCA or pet rescue centre and making a donation of food or treats. When you are old enough you could consider volunteering to spend a little time at your local pet rescue centre maybe walking one of the dogs there or giving a little bit of your time to the cats at the cattery.</p> <p><b>How to make a fish:</b></p> <ul style="list-style-type: none"><li>• Cut a 'V' shape from one side of the plate. This is the fish's mouth.</li><li>• Take the V shape you cut out, and glue it to the opposite side of the plate to make the fish's tail.</li><li>• Use the paint to colour your fish however you want.</li><li>• Use the decorations to make your fish look fancy for love your pet day.</li></ul> | <p>be painted away for the electronic device being used.</p> |  |
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