



How to get ready for plastic ropes workshop

Equipment:

- Plastic bag
- Scissors
- > Pen

Instructions:



1. Lay your bag on a table and flatten it out.



2. Cut down the side seams of the bag on both sides.



3. Open the bag and cut the extra side seams to allow the bag to lay fully flat.







4. Once you have lay your bag flat, divide the bag lengthways into 6 sections.



5. Cut out the 6 strips and cut off the handles from the plastic bag... now you are workshop ready!